
**Advice for the care of your eye following
CATARACT SURGERY**

It is normal for your eye to be slightly red, slightly light sensitive, and for there to be an intermittent scratchy sensation as well as for the vision to be slightly blurred immediately following the surgery. This should improve over the first few days to a week. If it becomes worse, especially if the eye becomes more red and inflamed, it is important for you to contact me via my rooms on 9654 3500 during office hours or after hours on 0419 889 251 or 9531 8180.

In addition it is normal for your eye to be watery and even for the eyelids to be stuck together the morning following the surgery. It is fine to take off the shield and dressing if this is annoying and gently clean around the eye with a clean face washer and to then replace the pad.

You will be given a prescription for some eye drops when you leave the hospital. Please have this prescription filled and bring the bottles to your postoperative appointment. There is no need to commence using these drops prior to seeing Dr Loughnan the day following surgery.

You can:

- drive after a few days if your vision has substantially improved and you feel confident and comfortable with driving
- after the first two days, bend over to pick up objects, play mild sports, go for a jog, play golf or play tennis
- have a shower and wash your hair the day after the surgery

Do not:

- go for a swim in a pool, river or the sea for at least one week following the surgery
- dirty the top of the drops. It is best to wash your hands prior to using the drops to ensure they stay clean

**If you experience a significant decrease in vision
or increased redness and light sensitivity in your eye
it is important to contact me promptly.**